

**TELEPHONE INTERVENTION RESEARCH: ENHANCING  
METHODOLOGICAL RIGOR AND ASSURING ETHICAL INTEGRITY**

Integrating Presentation:  
**ADDRESSING METHODOLOGICAL AND ETHICAL CHALLENGES IN  
TELEPHONE INTERVENTION RESEARCH**

Symposium Coordinator: Gerald Bennett, PhD, APRN, FAAN  
Medical College of Georgia, School of Nursing  
EB-209 Augusta, GA 30912-4273

**FEASIBILITY OF TELEPHONE INTERPERSONAL COUNSELING FOR MEN  
WITH PROSTATE CANCER AND THEIR PARTNERS**

Gerald Bennett, PhD, APRN, FAAN, Medical College of Georgia

**TELEPHONE INTERVENTION RESEARCH ON MEDICATION ADHERENCE  
WITH AN HIV POPULATION**

Sheila Bunting, PhD, RN, Medical College of Georgia

**TELEPHONE COUNSELING TO PROMOTE WEIGHT REDUCTION AND  
BLOOD PRESSURE CONTROL IN HYPERTENSIVE WOMEN**

Janet Fluker, MSN, APRN, PhD Candidate, Medical College of Georgia

**TESTING THE EFFECTS OF TELEPHONE COUNSELING TO ASSIST  
SURROGATE DECISION MAKERS AT END-OF-LIFE**

John Purvis, MSN, APRN, PhD Student, Medical College of Georgia

This symposium synthesizes the research literature over the last decade to draw conclusions about the state of the science of telephone health intervention research and analyze the major methodological and ethical challenges faced by researchers in the field. These challenges are discussed in detail as they apply to four telephone intervention studies using standard clinical trial designs, each targeting a different population: men with prostate cancer and their partners, persons living with HIV, women with hypertension, and family surrogates facing end-of-life decisions.

**Objectives:** At the end of the symposium, participants will be able to:

1. Discuss practical, methodological, and ethical challenges faced by telephone intervention researchers.
2. Examine implementation of telephone intervention research with four distinct clinical populations.
3. Devise strategies to enhance the methodological rigor of telephone intervention research.
4. Address ethical concerns in telephone intervention research, particularly those relevant to vulnerable populations.