

SECONDHAND TOBACCO SMOKE: PROTECTING THE MOST VULNERABLE

INNOVATIONS IN SECONDHAND TOBACCO SMOKE RESEARCH

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EXPOSURE TO SECONDHAND SMOKE AND NICOTINE DEPENDENCE

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HAIR NICOTINE AS A BIOMARKER FOR EXPOSURE TO SECONDHAND SMOKE

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Wael Al-Delaimy, MD, PhD; Mary Kay Rayens, PhD
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SMOKE-FREE POLICY IN A PRO-TOBACCO CULTURE

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SECONDHAND SMOKE EXPOSURE IN RESTAURANT AND BAR WORKERS

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Brief Description:

This symposium blends findings from both traditional and policy research studies targeting populations that are disproportionately exposed to secondhand tobacco smoke (SHS). SHS is the third leading cause of preventable death in the United States. Although many localities and some states are beginning to pass laws to protect the public from SHS, many of our most vulnerable workers and others remain at increased risk for diseases caused or worsened by SHS. Comprehensive approaches to reducing SHS include individual and policy strategies. This group of papers will illustrate the depth and breadth of nursing research that is needed to better understand exposure to secondhand smoke, tobacco addiction, and the impact of smoke-free laws on reducing exposure to SHS.

Objectives:

The participant will:

1. Analyze the impact of SHS on nicotine dependence and smoking cessation.
2. Evaluate the validity of using hair nicotine as a biomarker for SHS exposure.
3. Analyze the adoption of a smoke-free law using the Multiple Streams framework.
4. Discuss the effect of a smoke-free law on SHS exposure in hospitality workers.